

# Starting Your Day

By Dr. Victor Paul Wierwille

You and I want to live the more abundant life; we desire to help others. We want knowledge wisdom, and understanding from God. I'd like to suggest four things to you that will help you manifest the more than abundant life in an even greater way than you ever have before.

## **1. When you wake up in the morning, worship God in spirit and in truth for the first fifteen minutes.**

God is Spirit and they who worship Him must worship Him in spirit and in truth according to John 4:24. And to worship Him spiritually, in spirit, you have to speak in tongues. So for the first fifteen minutes of your day, just speak in tongues. Don't worry about a list or any of that. Usually when people get up in the morning, they go wash up in the bathroom. You can speak in tongues while you're doing that. You can brush your teeth and still be speaking in tongues; you can take a shower and still speak in tongues. You just continue worshiping God.

## **2. Then for the next fifteen minutes read the Word of God out loud.**

Just read it, don't try to figure it all out; don't get into research. Just *read* God's Word. Isolate yourself where you can read it out loud. Reading out loud lets you see it with your eyes and hear it with your ears. If it's at all possible, do this.

## **3. Next pray out loud for fifteen minutes.**

I suggest you pray out loud because it causes you to get more specific than when you think your prayer in your mind. So pray out loud and, people, get honest with God. If you messed things up someplace in your life, tell Him. If you're faced with a challenging situation in business, turn it over to Him, speak it out, tell Him. God is more interested in your life than you are. He's more interested in your life than even your earthly father and mother are. So why not go to God and discuss matters with Him?

## **4. Finally, spend fifteen minutes in stayed-mind prayer with someone else.**

Stay your mind on what you want to accomplish. If two of you agree on anything, it's going to be done. Now, if you have difficulty finding someone to join with you in believing, ask God to help you find that person. Get someone to believe with you to bring God's blessing and His bountiful abundance to the people you serve, as well as to yourself.

Only four things to do when you first wake up in the morning: worship God in spirit and in truth for fifteen minutes. Then for fifteen minutes read the Word of God out loud. Next, pray out loud for fifteen minutes. And finally, spend fifteen minutes with someone else, staying your minds in prayer for the things you desire.

When you're honest, people, if God isn't worth an hour of your time during your day—in your private life each and every day—you are too busy expending your energies on

second-rate causes. I challenge you to give one hour, the very first hour, of every day to God in the four ways that I have just listed. And I await the wonderful results of the greatness of what is going to happen in your lives. Our God is a God of love; He's a God of grace; He's a God of power. He is our light. He is our wholeness. He is our life.

*II Corinthians 9:8:*

*And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work.*

Ladies and gentlemen, I challenge you to believe God's Word and to apply these four basics faithfully. And then abound in the results.

